

| KS3+KS4 PE Curriculum | | | | | | |
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| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Y7 | Hockey <ul style="list-style-type: none"> - Stick safety - Stick handling - Passing - Dribbling - Shooting | Football <ul style="list-style-type: none"> - Ball familiarity - Ball Control - Sending - Receiving - Shooting | Volleyball <ul style="list-style-type: none"> - Serve - Bump - Set - Spike - Matchplay | Table Tennis <ul style="list-style-type: none"> - Paddle handling - Serve - Forehand - Backhand | Cricket <ul style="list-style-type: none"> - Throwing - Catching - Batting - Bowling - Fielding | Athletics – Throwing events <ul style="list-style-type: none"> - Discus - Hammer - Javelin - Shot Putt |
| Y8 | Hockey <ul style="list-style-type: none"> - Stick safety - Stick handling - Passing - Dribbling - Shooting - Positional play - - Rules - | Football <ul style="list-style-type: none"> - Sending - Receiving - Shooting - Positional play - - Rules - | Volleyball <ul style="list-style-type: none"> - Serve - Bump - Set - Spike - Matchplay - Positional play - - Rules - | Table Tennis <ul style="list-style-type: none"> - Paddle grip - Serve - Forehand - Backhand - Doubles - Rules - | Cricket <ul style="list-style-type: none"> - Throwing - Catching - Batting - Bowling - Fielding - Rules - | Athletics – Throwing events <ul style="list-style-type: none"> - Discus - Hammer - Javelin - Shot Putt |
| Y9 | Hockey <ul style="list-style-type: none"> - Passing - Dribbling - Shooting - Positional play + - Rules + | Football <ul style="list-style-type: none"> - Sending - Receiving - Shooting - Positional play + - Rules + | Volleyball <ul style="list-style-type: none"> - Serve - Bump - Set - Spike - Matchplay - Positional play + - Rules + | Table Tennis <ul style="list-style-type: none"> - Paddle grip - Serve - Forehand - Backhand - Doubles - Rules + | Cricket <ul style="list-style-type: none"> - Throwing - Catching - Batting - Bowling - Fielding - Rules + | Athletics – Throwing events <ul style="list-style-type: none"> - Discus - Hammer - Javelin - Shot Putt |
| Y10 | Hockey <ul style="list-style-type: none"> - Passing - Dribbling - Shooting - Positional play | Football <ul style="list-style-type: none"> - Sending - Receiving - Shooting - Positional play | Volleyball <ul style="list-style-type: none"> - Serve - Bump - Set - Spike - Matchplay | Table Tennis <ul style="list-style-type: none"> - Paddle grip - Serve - Forehand - Backhand - Doubles | Cricket <ul style="list-style-type: none"> - Throwing - Catching - Batting - Bowling - Fielding | Athletics – Throwing events <ul style="list-style-type: none"> - Discus - Hammer - Javelin - Shot Putt |

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| | <ul style="list-style-type: none"> - Tactical awareness - Officiating | <ul style="list-style-type: none"> - Tactical awareness - Officiating | <ul style="list-style-type: none"> - Tactical awareness - Officiating | <ul style="list-style-type: none"> - Rules + Tactical awareness - Officiating | <ul style="list-style-type: none"> - Rules + Tactical awareness - Officiating | |
| Y11 | Hockey <ul style="list-style-type: none"> - Passing - Dribbling - Shooting - Positional play - Tactical awareness - Officiating | Football <ul style="list-style-type: none"> - Sending - Receiving - Shooting - Positional play - Tactical awareness - Officiating | Volleyball <ul style="list-style-type: none"> - Serve - Bump - Set - Spike - Matchplay - Tactical awareness - Officiating | Table Tennis <ul style="list-style-type: none"> - Paddle grip - Serve - Forehand - Backhand - Doubles - Rules + Tactical awareness - Officiating | Cricket <ul style="list-style-type: none"> - Throwing - Catching - Batting - Bowling - Fielding - Rules + Tactical awareness - Officiating | Athletics – Throwing events <ul style="list-style-type: none"> - Discus - Hammer - Javelin - Shot Putt |